

JOIN IN, have fun

EAT WELL

FRANKSTON COMMUNITY FOOD FEST 2017

lunch date  
at downs estate

**SATURDAY 6 MAY 2017**  
**11.00AM – 2.00PM**

Downs Estate (Old Wells Rd, Seaford -  
look for the balloons and meet at the  
gate in front of the shed)

BYO everything for a picnic then talk and walk around the old farm with locals who have a passion for Downs Estate and working on its future.

Please note that there are no made paths and the ground is grassed and naturally uneven. As we aim to be sustainable, please take all your wrappings, cans and rubbish home with you. A toilet facility and water for handwashing (only) will be supplied.



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market day @ csf

**THURSDAY 25 MAY 2017**

Community Support Frankston  
(35 Beach St, Frankston)

Community Support Frankston is now offering a wider range of emergency relief, including fresh food. Choose your free fruit and veggies, courtesy of SecondBite, and stay on for lunch.



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come and try  
fair trade

**SATURDAY 13 MAY 2017**  
**10.00AM – 11.30AM**

Coffee on Kareela  
(53 Kareela Rd, Karingal)  
Bookings 9784 1851

Free tastings of Fairtrade coffee, tea and chocolate.  
Find out how choosing Fairtrade foods can make a  
difference in the lives of overseas farmers. Ethical  
Shopping Guide booklets available for sale on the day.



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author talk

**MONDAY 8 MAY 2017**  
**6.00PM – 7.30PM**

Frankston Library  
(60 Davey St, Frankston)  
Bookings 9784 1020 or  
[library.frankston.vic.gov.au/Whats\\_On](http://library.frankston.vic.gov.au/Whats_On)

Tickle your tastebuds with fabulous local author and illustrator Jade O'Donahoo as you sample tasty treats from her newly published book 'Eat This My Friend'. Copies available for purchase and as a door prize on the night.

